

# Elul Ruach



*A month of special  
High Holiday learning.*

Sunday a.m.

## ***Journey Through the Tanach - Shoftim***

With Rabbi Benamou

Continuation of our Sunday morning book by book Tanach class. We are currently holding in the book of Shoftim (Judges)

Ongoing Class  
**10:00 - 11:00 a.m.**

Monday

## ***The Laws of Teshuva: Maimonides & R' Yonah***

With Rabbi Benamou

Tools of growth to guide the heart and mind from Rambam's, The Ten Chapters of Teshuvah and Rabbeinu Yonah's, The Gates of Teshuvah.

Aug. 21 - Sep. 11  
**8:00 - 9:00 p.m.**

Sunday a.m.

## ***The Nuts & Bolts of the High Holidays - Sukkot***

With Rabbi Benamou

Everything you need to know to prepare for Rosh Hashana, Yom Kippur, Sukkot, and Shemini Atzeret.

Aug. 20 - Sep. 10  
**11:00 - Noon**

Tuesday

## ***Parasha of the Week***

With Rabbi Benamou

Deep exploration of the weekly Torah portion with a special emphasis on its significance to the High Holidays

Ongoing Class  
**8:00 - 9:00 p.m.**

Sunday p.m.

## ***Hannah & Peninah: Two Types of Prayer***

With Rabbi Yudi

We will explore the unwavering faith of Hannah in praying for a child and the confidence of Peninah in challenging Hannah

Aug. 20 - Sep. 10  
**8:00 - 9:00 p.m.**

Wednesday

## ***King Me?***

With Rabbi Yudi

The paradigm of a king in the Torah, and the story of the Jewish people's request for a king and how they apply to approaching the True King, God Himself.

Aug. 16 - Sep. 20  
**8:00 - 9:00 p.m.**

Mon. - Fri.

## ***Morning Class: Talmud, Midrash, & Halacha***

With Rabbi Benamou

A daily shot of morning inspiration with Talmud (Eruvin,) Meam Loez (Isaiah,) and Halacha (Mishna Berurah: The Laws of Kaddish)

Ongoing Class  
**9:00 - 11:00 a.m.**

Thursday

## ***Teshuva Through the Ages***

With Rabbi Benamou

An in-depth analysis of famous Teshuva stories from the Tanach and Talmud.

Aug. 17 - Sep. 21  
**8:00 - 9:00 p.m.**